

### Useful Careers and Progression Information for Parents/Carers

[www.parentalguidance.org.uk/](http://www.parentalguidance.org.uk/)

[www.parentadviser.co.uk/advice-for-parents.aspx](http://www.parentadviser.co.uk/advice-for-parents.aspx)

[www.insidejobs.com/career-exploration-for-teens.pdf](http://www.insidejobs.com/career-exploration-for-teens.pdf)

[www.careersadviceforparents.org/p/free-expert-advice.html](http://www.careersadviceforparents.org/p/free-expert-advice.html)

Guide to engineering careers:

[www.tomorrowengineers.org.uk/media/1522/te-parents-leaflet-2015.pdf](http://www.tomorrowengineers.org.uk/media/1522/te-parents-leaflet-2015.pdf)

Guide to professional careers:

[https://targetcareers.co.uk/sites/targetcareers.co.uk/files/public/parents\\_guide\\_2017.pdf](https://targetcareers.co.uk/sites/targetcareers.co.uk/files/public/parents_guide_2017.pdf)

Guide to science careers (including job suggestions):

[http://www.ingenious-science.eu/c/document\\_library/get\\_file?uuid=ff04ce70-ec5f-48c6-9b66-960ef9b3bba0&groupId=10136](http://www.ingenious-science.eu/c/document_library/get_file?uuid=ff04ce70-ec5f-48c6-9b66-960ef9b3bba0&groupId=10136)

Guide to careers in science (including employability skills):

[http://www.cogentskills.com/media/1475/4897fd\\_science-guide-for-parents\\_a5-8pp\\_v4.pdf](http://www.cogentskills.com/media/1475/4897fd_science-guide-for-parents_a5-8pp_v4.pdf)

### Useful Labour Market Information for Parents/Carers

A simple-to-use snapshot of key industry sectors in all areas of the UK:

[www.wheretheworkis.org](http://www.wheretheworkis.org)

North East LMI including factsheets and a weekly bulletin:

<http://www.supportinginspiration.org.uk/ne/places-ne/north-east>

National LMI including future trends in major UK sectors (University of Warwick):

[www.warwick.ac.uk/fac/soc/ier/ngrf/](http://www.warwick.ac.uk/fac/soc/ier/ngrf/)

An interactive tool to compare basic statistical information about jobs:

<http://www.lmiforall.org.uk/widget/builder/>

There are also several apps you can download (suitable for both android and apple phones) to support young learners and to aid their next steps, as follows:

- National Careers Service
- Indeed Jobs
- Reed
- LinkedIn
- HiUp
- The Student Room