



# COURSE INFORMATION

## PHYSICAL EDUCATION AT SSFC

### **Why study Physical Education?**

I have a keen and active interest in sport but want to combine this with other subjects. I can offer a practical performance/coaching in a sport to a high standard.

### **Course Overview**

Sections:

PAPER ONE: 2 hour exam 35 %

- Applied Anatomy & Physiology
- Skill Acquisition
- Sport & Society

PAPER TWO: 2 hour exam 35%

- Exercise Physiology & Biomechanics
- Sports Psychology
- Sport & Society & Technology in Sport

**Practical Performance in Physical Activity:** non-exam assessment 30%

Student assessed as a performer or coach in full version of one activity

Plus: written/verbal analysis of performance.

### **Careers**

Progression from this qualification can include higher education to study a Sports related degree in Teaching, Coaching, Physiotherapy, Sports Therapy or the Leisure Industry or Apprenticeship.

This course can also provide a pathway into the Forces (Emergency or Armed) and health related employment.

### **What subjects go well with Physical Education?**

Subjects that complement Sports Studies are sciences, especially Biology and Physics, Psychology and Sociology.

### **Entry requirements**

The student must have at least 5 passes at GCSE which must include English Language. GCSE PE would be an advantage but not a necessity. The student must also be able to perform or coach a sport to a high level. The practical grade will be influenced by the standard of performance.

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